



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAKING AN IMPACT BUILDING COMMUNITY

LITEHOUSE YMCA



Our **Membership For All** (MFA) program allows the Y to work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow, and thrive at the Y.

In 2023 491 families received financial assistance through the MFA program.



100+ LIFEGUARDS
CERTIFIED IN THE
PAST 3 YEARS

Prepared with the knowledge and skills to prevent, recognize and respond to aquatics emergencies.

YOUTH DEVELOPMENT PROGRAMS:

- Safe Sitter®
- Fit 4 Kids
- Swim Team
- Dance Classes
- Art Lessons
- Safety Around Water Classes
- Wednesdays at the Y
- Martial Arts Classes
- Special Events: Splash Nights, Parents Night Out, Family Nights

Last year alone the Litehouse Y subsidized over

\$405,000

of the cost for senior memberships so they can improve their health and mobility through our fitness programs, make new friends, and find opportunities to connect.



865
subsidized
Senior
Memberships

COMMUNITY ENGAGEMENT • Partnerships with other local non-profits and school districts to serve Bonner County
• Active Older Adult Fitness Classes • Nutrition Seminars • Wifi for homework time • Social connection for seniors
• Warm Clothing & Food Drives to serve Bonner County • Sponsorship of local community events